

Ginseng



Highly authenticated and purified ginseng

TRADITIONAL USE

Panax ginseng has been used for several thousand years in Asia as a tonic, believing it is a panacea and that it promotes health, vitality, and longevity. The earliest records of ginseng's use in medicine can be found in the Chinese Materia Medica, approximately 2000 years ago.

In the holistic approach of traditional medicine systems of East Asia, ginseng is used to strengthen the vital energy "Qi", as an aid during convalescence and as a prophylactic to build resistance and reduce susceptibility to illness. Traditional Chinese Medicine emphasizes individual treatment, improvement of pathological conditions to adjust the balance of the human body, and pharmacological applications such as tonics, for restorative, and anti-aging purposes. The term "tonic" has been replaced

Product category | ADAPTOGENS



PRODUCT ATTRIBUTES

- Ginseng root extract (*Panax ginseng* C.A. Meyer)
- Strict raw material selection (more traditional profile from, 4-7 year old whole roots)
- Exclusive EFLA[®] HyperPure manufacturing process guarantees purity, solubility and stability

by “adaptogens” in the medical literature. Adaptogens such as Ginseng increase resistance to physical, chemical, and biological stress while building up general vitality.

In Europe, according to HMPC used as preparations of Panax Ginseng C.A. Meyer root extracts are a traditional herbal medicine to manage symptoms of asthenia or abnormal fatigue and physical weakness.

PRODUCT INFORMATION

Standardized on	Ginsenosides 3-4% and 7-8%
Type of extract	Powder
Recommended dosage	200-1000 mg/day

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