



Litesse[®] Ultra[™]

THE PARTNER FOR YOUR WEIGHT MANAGEMENT PROGRAM

Appetite control made easy with a natural GLP-1 boost

Polydextrose is a specialty carbohydrate, as well as a soluble fiber offering consumers multiple benefits in Digestive and Metabolic Health.

LITESSE[®] ULTRA[™] FOR METABOLIC HEALTH
Multiple clinical trials have investigated the effects of Litesse[®] Ultra[™] on appetite and energy intake.

KEY FINDINGS OF THIS CLINICAL RESEARCH SHOW THAT

LITESSE[®] ULTRA[™] CAN:

- Increase the secretion of the satiety hormone GLP-1
- Help control appetite
- Reduce the feeling of hunger after a meal
- Help reduce caloric intake

Product category | METABOLIC & DIGESTIVE



PRODUCT ATTRIBUTES

- Officially recognised as a fiber
- Low energy value of 1 kcal/g for labelling
- Extremely well-tolerated at high levels of intake
- Supports digestive health & function
- Promotes GI regularity
- Enhances levels of beneficial bacteria (as a prebiotic effect)
- Satiety-enhancing effect

- Act as a synbiotic with the probiotic HOWARU® B420™ to support weight management, helping to control fat mass and increase lean body mass. This combination also increased the gastrointestinal abundance of Akkermansia, a type of good bacteria linked to lean body weight.
- ✔ Litesse® is a scientifically supported prebiotic fiber that offers significant benefits related to satiety and appetite control
- ✔ Clinical studies show Litesse® naturally increases GLP-1 levels and supports the reduction of caloric intake
- ✔ The combination of Litesse® and HOWARU® Shape provides an effective synbiotic solution for weight management, leveraging it's key benefits on GLP-1 levels, satiety and body weight control



References

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The importance of GLP-1:

Glucagon-like peptide-1 (GLP-1) is naturally produced and secreted by intestinal cells and certain neurons upon food consumption.

It can alter eating behavior by slowing down digestion and sending signals to the brain that regulate hunger and satiety.

GLP-1 can decrease blood sugar levels by stimulating insulin release in the pancreas.

Together, these effects make increasing the body's production of GLP-1 a focus for development of weight and blood glucose management formulas.



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